

ROGERS COMMUNITY-SCHOOL RECREATION ASSOCIATION 3 ON 3 LEAGUE RULES

NFHS RULES WILL BE FOLLOWED, EXCEPT WHERE AMENDED BY THE FOLLOWING:

1. Games will consist of four eight minute quarters. The clock will run continuously except for timeouts. In the last minute of each half, the clock will stop at all whistles. A team must have a minimum of three players present in order to begin the game. Teams with three players present will be required to start at scheduled game time. Halftime will be five minutes. Each team is allowed two timeouts per half. Timeouts not used in the first half do not carry over into the second half.
2. Games will be played on a small sided court with two goals.
3. Every player must play at least one full quarter from start to finish. Exceptions:
 1. injury
 2. player disqualification (foul out)
 3. disciplinary action (A player may be held out for disciplinary reasons only with prior approval of the league director.)
4. **Coaches are required to fill out a line up sheet prior to each game, and turn a copy into the scorekeeper. This card must indicate the mandatory quarter for each player. Any extra quarters should be left blank, so that coaches may assign them at their discretion. No changes may be made after the game starts, except in case of late arrival, foul out, or injury.**
5. DEFENSE: Any defense is allowed. Man to man is recommended, but not required. Full-court press is allowed the entire game unless your team is ahead by 20 points or more.
6. The league provides uniform shirts. No other uniform shirt is acceptable in league games. An exception will be made for lost shirts. In order to avoid unnecessary expense to the players, coaches must avoid requiring, or even suggesting, that players purchase matching socks, shorts, or shoes.
7. **Only rostered players and coaches may sit on the bench side of the court. All others must sit on the opposite side of the court, space allowing.**
8. For information on game cancellations, call 631-0336, and press "1" when the recording begins; or go to www.rogersarkansas.com/recreation.